

NQYC Dinghy Sailing Instructions – Frostbite 2024 v1

These Sailing Instructions and Courses have been produced by NQYC Sailing Committee, to whom any comments regarding omissions, corrections or improvements should be directed.

1 RULES.....	Page 1
2 NOTICES TO COMPETITORS	Page 1
3 CHANGES TO SAILING INSTRUCTIONS.....	Page 1
4 SIGNALS MADE ASHORE.....	Page 2
5 SCHEDULE OF RACES.....	Page 2
6 COURSES.....	Page 2
7 THE START.....	Page 2
8 THE FINISH.....	Page 2
9 TIME LIMITS.....	Page 2
10 PROTESTS.....	Page 2
11 RETIREMENT.....	Page 3
12 DUAL SCORING.....	Page 3
14 OVERALL SERIES SCORING.....	Page 3
15 SAFETY REGULATIONS.....	Page 4
16 RISK STATEMENT.....	Page 4
17 INSURANCE.....	Page 4

1. RULES

1.1 These Sailing Instructions (SI) will be used for the NQYC Dinghy racing. In the event that the Notice of Race (If any) and Sailing Instructions conflict, the Sailing Instructions will prevail.

1.2 The events will be governed by the rules as defined in *The Racing Rules of Sailing 2021-2024* (RRS).

1.3 Entries will be made by the NQYC on-line entry form at www.nqyc.club. Races will be run under latest available Portsmouth Harbour numbers.

1.4 All strict one-design boats are to comply with any class rules. Laser/ILCA boats may change rigs for each weekend

2. NOTICES TO COMPETITORS

2.1 Notices to competitors will be posted on the Event Notice Board in the Crows' Nest in the NQYC Building.

2.2 Briefings will normally be held at 1000hrs in the Crows' Nest.

3. CHANGES TO SAILING INSTRUCTIONS

3.1 Changes to the SIs will be posted at least 1 and half hours before the race(s) affected on the Event Notice Board, and via NQYC Sailing Event Facebook/NQYC Dinghy WhatsApp page, including any changes to the racing schedule for the weekend, which will be posted no later than 2000hrs on the preceding Friday.

3.2 Any Changes will be notified at the Sunday Brief in the Crows' Nest 1000 hrs (for planned first race start at 1100 hrs)

4. SIGNALS MADE ASHORE

4.1 Signals will be displayed at the flagstaff at the Club buildings and will remain for at least 2 hrs.

4.2 When AP is displayed ashore, "1 minute" is replaced with "not less than 45 mins" in the meaning of the AP race signal.

5. SCHEDULE OF RACES

5.1 The schedule of races is 2 races back-to-back – first start no earlier than 1100hrs each lasting approx 30 for the lead boat.

6. COURSES

6.1 Courses will be briefed by the OOD see Appendix A.

6.2 Course will be either Windward-Leeward (Course 1), Triangular only (Course 2) or Olympic Triangle (Course 3).

6.3 On each leg from the leeward mark to windward mark (as laid), all competitors must pass through the start/finish line. Failure to do so will result in disqualification without hearing.

7. THE START

7.1.1 Starting Lines – The start-line will be defined by the Committee Boat Warning flag and a pin-end marker buoy. The Committee Boat may have a rubber tender/marker buoy which also forms part of the Committee Boat. Competitors must not pass between the tender/buoy and the committee boat.

7.1.2 Three or more competing boats must be in the starting area to constitute a valid race.

7.2 Start Signals & Timing

7.2.1. This will be shortened to 3-2-1-Off (3 minute sequence). This changes RRS26.

8. THE FINISH

8.1 The finish line will use the start-line marks and Committee Boat blue/S flag unless the race is shortened at a turning mark by the OOD. If this is required, the finish line will be between the turning mark (left to the correct side and a nearby by club support/race team boat flying a blue or Code S flag.

8.2 Average Lap Racing.

8.2.1 For Average Lap racing (courses 1 and 2), each race will last approximately 30 mins for the leading boat unless shortened by OOD. For Course 3, the race will consist only of a triangular lap, a windward-leeward lap, followed by another triangle lap to the finish line.

8.2.2 Shortened courses will be as indicated by flying Code Flag S when the leading boat of a class nears a suitable turning mark.

9. TIME LIMITS AND TIMING

9.1 The time limit for all races is 1 hour. Any boat not finishing within 20 minutes of the lead boat will be scored DNF without a hearing.

10. PROTESTS

10.1 Time limit for protests is 1 hour after the last boat has come ashore. Intention to protest should be declared to the Race Committee as soon as possible after finishing. This changes RRS 61.3 and 62.2. Protest forms are available from the Race Committee and behind the bar.

10.2 Completed forms shall be submitted to the OOD who will arrange a hearing as soon as practicable. They will attempt to inform parties directly and/or post hearing time on Sailing Notice Board.

11. RETIREMENT

11.1 A boat that retires from a race shall notify the Race Committee/Race Officer as soon as possible after coming ashore.

14. OVERALL SERIES SCORING

14.1 One completed race is required to count as an overall series.

14.2 Races to Count. Races will be scored iaw RRS Appendix A (Low Points).

15. SAFETY REGULATIONS

15.1 All boats are to comply with any class rules for safety equipment.

15.2 All competitors must wear a suitable buoyancy aid at all times when afloat.

15.3 It is the sole responsibility of the owner/skipper of a boat to ensure the appropriate level of safety equipment and resources (See Risk Statement below).

15.5 Wind Limits. There are no wind limits but the OOD will make a decision to race, taking into account the present sea and wind conditions, air temperatures and the forecast for the area, based on a subjective assessment of the overall ability of the likely fleet. Nonetheless, it is the sole responsibility of the owner/skipper to race, retire, divert or to continue.

16. RISK STATEMENT (CONDITION OF ENTRY)

Rule 4 of the Racing Rules of Sailing states:

“The responsibility for a boat’s decision to participate in a race, or to continue racing, is her owner’s/skipper’s alone.”

Sailing, by its very nature, is an unpredictable sport and therefore, involves an inherent element of risk. By taking part in the event, each competitor agrees and acknowledges that:

16.1 They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event.

16.2 They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore.

16.3 They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions.

16.4 Their boat is in good order, equipped to sail in the event and they are fit to participate.

16.5 The provision of a race management team, committee/support boats and other officials and volunteers by the event organisers does not relieve boat owners/skippers of their own responsibilities.

16.6 The provision of support boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

16.7 (Especially for passage races)

They are responsible for ensuring that their boat is equipped and seaworthy so as to be able to face extremes of weather, that there is a crew sufficient in number, experience and fitness to withstand such weather, and that the safety equipment is properly maintained, stowed and in date and is familiar to the crew.

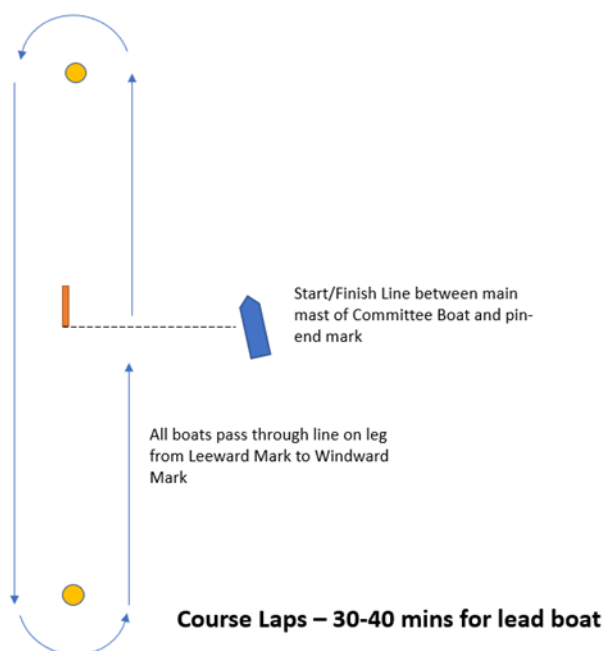
16.8 They will use their best endeavours to advise the Race Management of any incidents on the water affecting safety.

17 INSURANCE

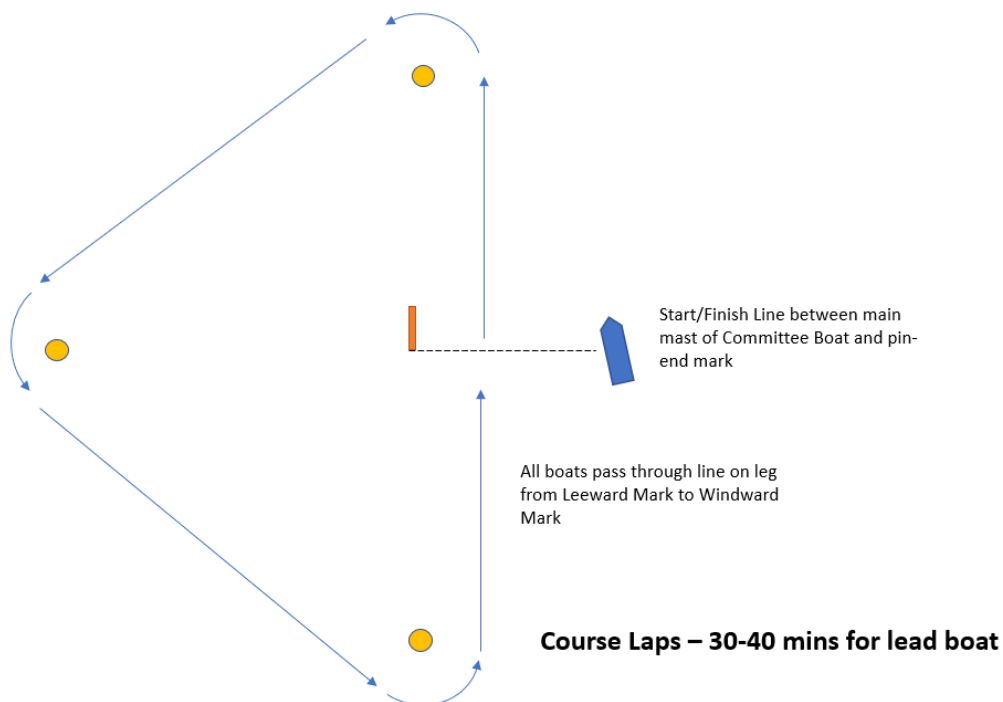
17.1 The boat must be adequately insured, with cover of at least £3,000,000 against third party claims.

APPENDIX A – COURSES

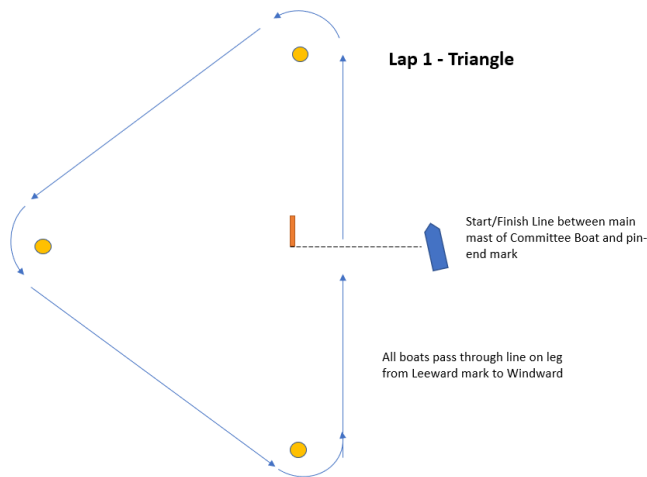
COURSE 1 – Windward-Leeward (Sausages)



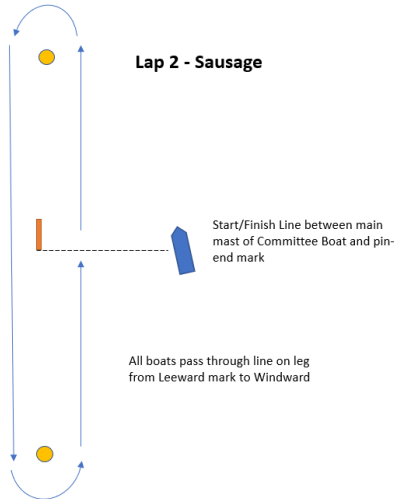
COURSE 2 – Triangles



COURSE 3 – Triangle Sausage-Triangle



COURSE 3 – Triangle Sausage-Triangle



COURSE 3 – Triangle Sausage-Triangle

